

WILDFLOWERS

PPF - Perfect for Pollinators
Plants on this list agreed by RHS
as perfect for pollinators



Plant Name			Flowering Period		Habitat	Height (cm)	Growth Type	Growth Form	Position	Soil	PPF	Butterfly/ Moth Larval Foodplant
Scientific Name	Common Name	Flower Colour	Start	Finish								
<i>Achillea millefolium</i>	Yarrow	White	July	October	Grassland, Hedgerow	8-40cm	Perennial	Upright	Full Sun to Semi Shade	Wide Range		
<i>Achillea ptarmica</i>	Sneezewort	White	July	August	Heathland, Wet Grassland, Wet Woodland	20-60cm	Perennial	Upright	Full Sun to Semi Shade	Acid to Neutral		
<i>Agrimonia eupatoria</i>	Common Agrimony	Yellow	June	September	Grassland, Hedgerow	up to 60cm	Perennial	Upright	Full Sun to Semi Shade	Wide Range		Grizzled Skipper
<i>Agrostemma githago</i>	Corn Cockle	Pink	May	August	Arable, Grassland	60-100cm	Annual	Upright	Full Sun	Wide Range		
<i>Ajuga reptans</i>	Bugle	Blue	April	June	Hedgerow, Woodland, Wet Grassland	10-30cm	Perennial	Prostrate	Shade to Semi Shade	Neutral to Calcareous		Grizzled Skipper
<i>Alliaria petiolata</i>	Garlic Mustard	White	April	July	Hedgerow, Woodland	40-120cm	Biennial	Upright	Shade to Semi Shade	Neutral to Calcareous		Green Veined White, Orange Tip
<i>Allium ursinum</i>	Ramsons	White	April	June	Hedgerow, Wet Woodland	up to 45cm	Perennial	Upright	Shade to Semi Shade	Neutral to Calcareous		
<i>Anagallis arvensis</i>	Scarlet Pimpernel	Red	June	August	Arable, Coastal, Grassland	up to 30cm	Annual	Prostrate	Full Sun	Neutral to Calcareous		
<i>Anemone nemorosa</i>	Wood Anemone	White	March	May	Hedgerow, Woodland	Less than 30cm	Perennial	Low Growing	Shade to Semi Shade	Neutral to Calcareous		
<i>Angelica sylvestris</i>	Wild Angelica	White/Pink	July	September	Wet Grassland, Wet Woodland	up to 200cm	Perennial	Upright	Full Sun to Semi Shade	Neutral to Calcareous		
<i>Anthemis arvensis</i>	Corn Chamomile	White	June	July	Arable, Brownfield	up to 45cm	Annual	Upright	Full Sun	Wide Range		
<i>Anthriscus sylvestris</i>	Cow Parsley	White	April	June	Grassland, Hedgerow, Woodland	60-150cm	Perennial	Upright	Full Sun to Semi Shade	Wide Range		
<i>Anthyllis vulneraria</i>	Kidney Vetch	Yellow	June	September	Grassland, Maritime Grassland & Cliff, Saltmarsh	20-50cm	Perennial	Mound forming	Full Sun to Semi Shade	Acid to Neutral		Small Blue
<i>Aquilegia vulgaris</i>	Columbine	Blue	May	July	Hedgerow, Wet Grassland, Woodland	up to 60cm	Perennial	Upright	Shade to Semi Shade	Neutral to Calcareous		
<i>Armeria maritima ssp. Maritima</i>	Thrift	Pink	April	October	Maritime Grassland & Cliff, Saltmarsh	5-30cm	Perennial	Mound forming	Full Sun to Semi Shade	Acid to Neutral		
<i>Bellis perennis</i>	Common (Lawn) Daisy	White	March	October	Grassland	3-12cm	Perennial	Low Growing	Full Sun	Wide Range		
<i>Blackstonia perfoliata</i>	Yellow Wort	Yellow	June	October	Brownfield, Dry Grassland	15-40cm	Annual	Upright	Full Sun	Calcareous		
<i>Calluna vulgaris</i>	Heather	Pink/Purple	July	September	Bog/Fen/Marsh, Heathland	20-80cm	Perennial/Shrub	Mound forming	Full Sun to Semi Shade	Acid		Silver-Studded Blue
<i>Campanula glomerata</i>	Clustered Bellflower	Purple	July	October	Dry Grassland	15-30cm	Perennial	Upright	Full Sun	Calcareous		
<i>Campanula rotundifolia</i>	Harebell	Purple	July	September	Dry Grassland, Heathland	15-40cm	Perennial	Low Growing	Full Sun	Wide Range		Northern Rustic Moth

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<i>Campanula trachelium</i>	Nettle Leaved Bellflower	Purple	July	September	Hedgerow, Woodland	40-80cm	Perennial	Upright	Shade to Semi Shade	Calcareous		
<i>Cardamine pratensis</i>	Cuckooflower/Ladies Smock	Light Pink	April	June	Wetland, Wet Woodland	up to 60cm	Perennial	Upright	Full Sun to Semi Shade	Neutral to Calcareous		Green Veined White, Orange Tip
<i>Centaurea cyanus</i>	Cornflower	Blue	June	August	Arable, Brownfield, Grassland	30-70cm	Annual	Upright	Full Sun	Wide Range		
<i>Centaurea nigra</i>	Common Knapweed	Purple	June	September	Brownfield, Grassland	50-100cm	Perennial	Upright	Full Sun	Neutral to Calcareous		
<i>Centaurea scabiosa</i>	Greater Knapweed	Pink/Purple	July	September	Dry Grassland, Grassland, Hedgerow	up to 120cm	Perennial	Upright	Full Sun to Semi Shade	Neutral to Calcareous		
<i>Centaureum erythraea</i>	Common Centaury	Pink	June	September	Dry Grassland	10-40cm	Biennial	Upright	Full Sun	Wide Range		
<i>Chamerion angustifolium</i>	Rosebay Willowherd	Pink	June	September	Brownfield, Hedgerow	80-150cm	Perennial	Upright	Full Sun to Semi Shade	Neutral to Calcareous		
<i>Cichorium intybus</i>	Chicory	Blue	July	October	Arable, Grassland	60-100cm	Perennial	Upright	Full Sun	Calcareous		
<i>Circaea lutetiana</i>	Enchanters Nightshade	White/Pink	June	August	Hedgerow, Wet Woodland, Woodland	20-70cm	Perennial	Upright	Shade	Neutral to Calcareous		
<i>Clinopodium vulgare</i>	Wild Basil	Pink	July	September	Dry Grassland, Grassland, Hedgerow	40-75cm	Perennial	Upright	Full Sun to Semi Shade	Calcareous		
<i>Conopodium majus</i>	Pignut	White	May	July	Grassland, Hedgerow	30-50cm	Perennial	Upright	Full Sun to Semi Shade	Acid to Neutral		
<i>Convallaria majalis</i>	Lily of the Valley	White	May	June	Dry Grassland, Grassland, Hedgerow, Woodland	15-25cm	Perennial/ Bulb	Upright	Shade to Semi Shade	Wide Range		
<i>Crithmum maritimum</i>	Rock Samphire	Yellow	June	August	Maritime Grassland & Cliff, Shingle	20-50cm	Perennial	Upright	Full Sun to Semi Shade	Wide Range		
<i>Daucus carota</i>	Wild Carrot	White	June	August	Grasslands, Maritime Grassland & Cliff	up to 100cm	Biennial	Upright	Full Sun	Wide Range		
<i>Digitalis purpurea</i>	Foxglove	Purple	June	September	Brownfield, Hedgerow, Woodland	up to 150cm	Biennial	Upright	Shade to Semi Shade	Acid to Neutral		
<i>Dipsacus fullonum</i>	Teasel	Purple	July	September	Grassland, Hedgerow, Woodland	up to 200cm	Biennial	Upright	Full Sun to Semi Shade	Wide Range		
<i>Dipsacus pilosus</i>	Small Teasel	White/Pink	July	September	Hedgerow, Wet Woodland	up to 120cm	Biennial	Upright	Full Sun to Semi Shade	Neutral to Calcareous		
<i>Echium vulgare</i>	Viper's Bugloss	Blue	June	September	Brownfield, Dry Grassland, Dunes	50-100cm	Biennial	Upright	Full Sun to Semi Shade	Wide Range		
<i>Epilobium hirsutum</i>	Great Willow Herb	Pink	June	September	Bog/Fen/Marsh, Wet Woodland	80-150cm	Perennial	Upright	Full Sun to Semi Shade	Wide Range		Elephant Hawk-moth
<i>Erigoron acer</i>	Blue Fleabane	Pink	July	August	Brownfield, Dry Grassland	8-40cm	Annual/ Biennial	Upright	Full Sun	Neutral to Calcareous		

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<i>Eupatorium cannabinum</i>	Hemp Agrimony	Pink	July	September	Bog/Fen/Marsh, Wet Woodland	up to 120cm	Perennial	Upright	Full Sun to Semi Shade	Wide Range		
<i>Filipendula ulmaria</i>	Meadowsweet	White	June	August	Bog/Fen/Marsh, Wet Woodland	60-120cm	Perennial	Upright	Full Sun to Semi Shade	Neutral to Calcareous		
<i>Fragaria vesca</i>	Wild Strawberry	White	April	July	Brownfield, Hedgerow, Woodland	5-30cm	Perennial	Prostrate	Full Sun to Semi Shade	Neutral to Calcareous		Grizzled Skipper
<i>Fritillaria meleagris</i>	Snake's head fritillary	White/Purple	April	May	Wet Grassland	30-50cm	Perennial/Bulb	Upright	Full Sun	Neutral		
<i>Galanthus nivalis</i>	Snowdrop	White	January	March	Grassland, Hedgerow, Woodland	15-25cm	Perennial/Bulb	Upright	Shade to Semi Shade	Neutral to Calcareous		
<i>Galium album</i>	Hedge Bedstraw	White	June	September	Dry Grassland, Hedgerow, Woodland	40-150cm	Perennial	Scrambling	Full Sun to Semi Shade	Calcareous		
<i>Galium odoratum</i>	Sweet Woodruff	White	May	June	Hedgerow, Woodland	15-30cm	Perennial	Upright	Shade to Semi Shade	Neutral to Calcareous		
<i>Galium palustre</i>	Marsh Bedstraw	White	June	August	Bog/Fen/Marsh, Wet Grassland	up to 100cm	Perennial	Scrambling	Full Sun to Semi Shade	Acid to Neutral		
<i>Galium verum</i>	Lady's Bedstraw	Yellow	June	September	Dry Grassland, Maritime Grassland & Cliff	20-80cm	Perennial	Prostrate	Full Sun to Semi Shade	Neutral to Calcareous		Bedstraw Hawk-moth, Striped Hawk-moth, Elephant Hawk-moth
<i>Geranium pratense</i>	Field Geranium/Meadow Cranesbill	Blue	June	September	Grassland, Hedgerow	60-100cm	Perennial	Mound forming	Full Sun	Wide Range		Brown Argus, Geranium Bronze
<i>Geranium robertianum</i>	Herb Robert	Pink	May	September	Brownfield, Hedgerow, Woodland	up to 60cm	Annual/Biennial	Low Growing	Shade to Semi Shade	Wide Range		Geranium Bronze
<i>Geum urbanum</i>	Wood Avens	Yellow	May	September	Hedgerow, Woodland	up to 60cm	Perennial	Upright	Shade to Semi Shade	Wide Range		Grizzled Skipper
<i>Glaucium flavum</i>	Yellow Horned Poppy	Yellow	June	September	Brownfield, Maritime Grassland & Cliff, Shingle	50-90cm	Biennial/Perennial	Upright	Full Sun	Wide Range		
<i>Glechoma hederacea</i>	Ground Ivy/Flowering Ivy	Purple	March	June	Brownfield, Hedgerow, Woodland	10-30cm	Perennial	Prostrate	Shade to Semi Shade	Wide Range		
<i>Helianthemum nummularium</i>	Common Rock Rose	Yellow	June	September	Grassland, Hedgerow	5-30cm	Perennial/Shrub	Prostrate	Full Sun	Calcareous		Brown Argus, Green Hairstreak, Silver-Studded Blue
<i>Hippocrepis comosa</i>	Horseshoe Vetch	Yellow	May	July	Dry Grassland, Wall/Cliff/Rock	15-30cm	Perennial	Prostrate	Full Sun	Calcareous		Adonis Blue, Berger's Clouded Yellow, Chalkhill Blue, Silver-Studded Blue
<i>Hyacinthoides non-scripta</i>	Bluebell	Blue	April	June	Hedgerow, Wet Grassland, Woodland	20-50cm	Perennial/Bulb	Upright	Shade to Semi Shade	Acid to Neutral		
<i>Hypericum hirsutum</i>	Hairy St. John's Wort	Yellow	July	September	Hedgerow, Wet Grassland, Woodland	up to 100cm	Perennial	Upright	Full Sun to Semi Shade	Neutral to Calcareous		

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<i>Hypericum perforatum</i>	Perforate (Common) St. John's Wort	Yellow	May	September	Dry Grassland, Hedgerow, Woodland	30-90cm	Perennial	Upright	Full Sun to Semi Shade	Neutral to Calcareous		
<i>Hypericum tetrapetrum</i>	Square Stemmed St. John's Wort	Yellow	June	September	Bog/Fen/Marsh, Wet Grassland	up to 60cm	Perennial	Upright	Full Sun to Semi Shade	Neutral to Calcareous		
<i>Hypochaeris radicata</i>	Catsear	Yellow	June	September	Brownfield, Grassland	20-60cm	Perennial	Upright	Full Sun	Acid to Neutral		
<i>Iris foetidissima</i>	Stinking iris	Purple	May	July	Hedgerow, Woodland, Maritime Grassland & Cliff	40-70cm	Perennial	Upright	Shade to Semi Shade	Neutral to Calcareous		
<i>Knautia arvensis</i>	Field Scabious	Purple	July	September	Dry Grassland, Hedgerow	50-100cm	Perennial	Upright	Full Sun	Neutral to Calcareous		Marsh Fritillary
<i>Lamium galeobdolon</i>	Yellow Archangel	Yellow	April	June	Hedgerow, Woodland	20-60cm	Perennial	Low Growing	Shade to Semi Shade	Wide Range		
<i>Lamium album</i>	White Dead Nettle	White	April	November	Brownfield, Hedgerow, Woodland	20-60cm	Perennial	Upright	Shade to Semi Shade	Neutral to Calcareous		
<i>Lathyrus pratensis</i>	Meadow Vetchling	Yellow	May	August	Grassland, Hedgerow	30-120cm	Perennial	Scrambling	Full Sun	Neutral to Calcareous		Real's Wood White, Wood White
<i>Leontodon hispidus</i>	Rough Hawkbit	Yellow	June	October	Grassland	up to 60cm	Perennial	Upright	Full Sun	Neutral to Calcareous		
<i>Leucanthemum vulgare</i>	Oxeye Daisy	White	May	September	Brownfield, Grassland	20-70cm	Perennial	Upright	Full Sun	Neutral to Calcareous		
<i>Linaria vulgaris</i>	Common (Yellow) Toadflax	Yellow	July	October	Brownfield, Grassland	30-80cm	Perennial	Upright	Full Sun	Wide Range		
<i>Lotus corniculatus</i>	Common Birdsfoot Trefoil	Yellow	June	September	Dry Grassland	10-40cm	Perennial	Prostrate	Full Sun	Wide Range		Common Blue, Dingy Skipper, Green Hairstreak, Grizzled Skipper, Mother Shipton Moth, Real's Wood White, Short Tailed Blue, Silver-Studded Blue, Six Spot Burnet Moth, Wood White
<i>Lotus pendunculatus</i>	Greater Birdsfoot Trefoil	Yellow	June	August	Bog/Fen/Marsh, Wet Grassland	up to 60cm	Perennial	Prostrate	Full Sun to Semi Shade	Wide Range		Real's Wood White, Six Spot Burnet Moth, Wood White
<i>Luzula sylvatica</i>	Great Wood Rush	Brown	April	June	Bog/Fen/Marsh, Wet Woodland	up to 80cm	Perennial	Upright	Shade to Semi Shade	Acid		
<i>Lycopus europaeus</i>	Gypsywort	White	June	September	Canal/Ditch/Lake/Pond, Wetland	30-100cm	Perennial	Upright	Full Sun to Semi Shade	Neutral to Calcareous		
<i>Lysimachia nummularia</i>	Creeping Jenny	Yellow	June	August	Wet Grassland, Wet Woodland	up to 10cm	Perennial	Prostrate	Full Sun to Semi Shade	Neutral to Calcareous		
<i>Malva moschata</i>	Musk Mallow	Pink	July	August	Dry Grassland, Hedgerow	50-80cm	Perennial	Upright	Full Sun to Semi Shade	Wide Range		

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<i>Malva sylvestris</i>	Common Mallow	Pink	June	September	Arable, Brownfield, Hedgerow	50-100cm	Perennial	Upright	Full Sun to Semi Shade	Neutral to Calcareous		
<i>Matricaria recutita</i>	Scented Mayweed	White	May	September	Arable, Brownfield	10-50cm	Perennial	Upright	Full Sun	Wide Range		
<i>Meconopsis cambrica</i>	Welsh Poppy	Yellow	June	August	Hedgerow, Woodland	40-60cm	Perennial	Upright	Shade to Semi Shade	Wide Range		
<i>Medicago lupulina</i>	Black Medick	Yellow	April	August	Brownfield, Grassland	10-50cm	Perennial	Prostrate	Full Sun	Neutral to Calcareous		Mother Shipton Moth
<i>Mercurialis perennis</i>	Dog's Mercury	Green	February	April	Hedgerow, Woodland	15-40cm	Perennial	Upright	Shade to Semi Shade	Neutral to Calcareous		
<i>Myosotis arvensis</i>	Field Forget-me-not	Blue	April	October	Arable, Brownfield, Dry Grassland, Hedgerow	15-40cm	Perennial	Upright	Full Sun to Semi Shade	Wide Range		
<i>Myosotis sylvatica</i>	Wood Forget-me-not	Blue	April	July	Hedgerow, Woodland	20-50cm	Perennial	Upright	Shade to Semi Shade	Neutral to Calcareous		
<i>Narcissus pseudonarcissus</i>	Daffodil	Yellow	March	May	Grassland, Woodland	30-50cm	Perennial/ Bulb	Upright	Shade to Semi Shade	Wide Range		
<i>Ononis repens</i>	Common Restharrow	Pink	June	September	Grassland, Scrub	30-60cm	Perennial	Prostrate	Full Sun	Neutral to Calcareous		
<i>Ononis spinosa</i>	Spiny Restharrow	Purple	June	September	Grassland, Wet Grassland	up to 70cm	Perennial	Upright	Full Sun	Calcareous		
<i>Origanum vulgare</i>	Wild Marjoram	Pink	July	September	Dry Grassland, Hedgerow	30-60cm	Perennial	Upright	Full Sun to Semi Shade	Calcareous		
<i>Papaver rhoeas</i>	Common Poppy	Red	June	August	Arable, Brownfield	30-60cm	Annual	Upright	Full Sun	Neutral to Calcareous		
<i>Peucedanum officinale</i>	Hog's Fennel	Yellow	July	September	Estuary	up to 200cm	Perennial	Upright	Full Sun	Wide Range		Fishers Estuarine Moth
<i>Pilosella officinarum</i>	Mouse-ear Hawkweed	Yellow	May	August	Cliff/Rock/Wall, Dry Grassland, Heathland	5-30cm	Perennial	Upright	Full Sun	Wide Range		
<i>Pimpinella major</i>	Great Burnet Saxifrage	White	June	July	Grassland, Hedgerow	50-120cm	Perennial	Upright	Full Sun to Semi Shade	Neutral to Calcareous		
<i>Pimpinella saxifraga</i>	Burnet Saxifrage	White	June	September	Grassland	up to 60cm	Perennial	Upright	Full Sun	Neutral to Calcareous		
<i>Plantago coronopus</i>	Buck's-horn Plantain	Yellow	May	September	Dry Grassland, Maritime Grassland & Cliff	10-30cm	Perennial	Low Growing	Full Sun	Wide Range		
<i>Plantago lanceolata</i>	Ribwort Plantain	Brown/ White	April	October	Brownfield, Grassland	10-50cm	Perennial	Low Growing	Full Sun	Wide Range		Glanville Fritillary, Heath Fritillary
<i>Plantago major</i>	Greater Plantain	Brown/ Green	June	October	Brownfield, Grassland	10-50cm	Perennial	Low Growing	Full Sun	Wide Range		
<i>Plantago media</i>	Hoary Plantain	White/Pink	May	September	Grassland	10-40cm	Perennial	Low Growing	Full Sun	Neutral to Calcareous		

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<i>Potentilla anserina</i>	Silverweed	Yellow	June	August	Brownfield, Grassland	5-20cm	Perennial	Prostrate	Full Sun	Wide Range		
<i>Potentilla erecta</i>	Tormentil	Yellow	May	September	Grassland, Hedgerow, Woodland	up to 10cm	Perennial	Scrambling	Full Sun to Semi Shade	Acid to Neutral		Grizzled Skipper
<i>Potentilla reptans</i>	Creeping Cinquefoil	Yellow	June	September	Brownfield, Grassland, Hedgerow, Woodland	up to 10cm	Perennial	Prostrate	Full Sun to Semi Shade	Neutral to Calcareous		Grizzled Skipper
<i>Poterium sanguisorba ssp. Sanguisorba</i>	Salad Burnet	Red	May	August	Grassland	20-50cm	Perennial	Low Growing	Full Sun	Neutral to Calcareous		Grizzled Skipper
<i>Primula veris</i>	Cowslip	Yellow	April	May	Grassland, Woodland	less than 15cm	Perennial	Upright	Full Sun to Semi Shade	Neutral to Calcareous		Duke of Burgundy
<i>Primula vulgaris</i>	Primrose	Yellow	March	June	Grassland, Hedgerow, Woodland	8-15cm	Perennial	Upright	Shade to Semi Shade	Wide Range		Duke of Burgundy
<i>Prunella vulgaris</i>	Sefheal	Purple	June	October	Brownfield, Grassland	up to 20cm	Perennial	Prostrate	Full Sun to Semi Shade	Neutral to Calcareous		
<i>Pulicaria dysenterica</i>	Common fleabane	Yellow	August	September	Bog/Fen/ Marsh, Hedgerow, Woodland	20-60cm	Perennial	Upright	Full Sun to Semi Shade	Wide Range		
<i>Ranunculus acris</i>	Meadow Buttercup	Yellow	May	August	Grassland	20-100cm	Perennial	Upright	Full Sun to Semi Shade	Wide Range		
<i>Ranunculus bulbosus</i>	Bulbous Buttercup	Yellow	April	June	Dry Grassland	15-40cm	Perennial	Low Growing	Full Sun	Neutral to Calcareous		
<i>Ranunculus ficaria</i>	Lesser Celandine	Yellow	March	May	Grassland, Hedgerow, Woodland	up to 20cm	Perennial	Low Growing	Shade to Semi Shade	Neutral to Calcareous		
<i>Ranunculus repens</i>	Creeping Buttercup	Yellow	May	August	Grassland, Hedgerow, Woodland	up to 60cm	Perennial	Prostrate	Full Sun to Semi Shade	Wide Range		
<i>Ranunculus sceleratus</i>	Celery-Leaved Buttercup	Yellow	May	September	Bog/Fen/Marsh, Slow Moving Water	20-60cm	Annual	Upright	Shade to Semi Shade	Wide Range		
<i>Reseda lutea</i>	Wild Mignonette/Weld	Green	June	September	Brownfield, Grassland	30-75cm	Biennial	Upright	Full Sun to Semi Shade	Calcareous		
<i>Rhianthus minor</i>	Yellow Rattle	Yellow	May	August	Brownfield, Grassland	up to 50cm	Annual	Upright	Full Sun	Acid to Neutral		
<i>Rumex acetosa</i>	Common Sorrel	Red	May	June	Grassland, Woodland	30-80cm	Perennial	Prostrate	Full Sun	Neutral		Small Copper
<i>Rumex acetosella</i>	Sheep's Sorrel	Red	May	August	Grassland, Hedgerow, Woodland	30-80cm	Perennial	Prostrate	Full Sun	Acid to Neutral		Small Copper
<i>Rumex sanguineus</i>	Wood Dock	Red	June	August	Brownfield, Hedgerow, Woodland	up to 100cm	Perennial	Upright	Shade to Semi Shade	Neutral to Calcareous		Small Copper, Striped Hawk-moth
<i>Sanguisorba officinalis</i>	Great Burnet	Purple	June	September	Bog/Fen/Marsh, Wet Grassland	up to 100cm	Perennial	Upright	Full Sun to Semi Shade	Neutral to Calcareous		
<i>Saponaria officinalis</i>	Soapwort	Light Pink	July	September	Cliff/Rock/Wall, Hedgerow, Woodland	30-90cm	Perennial	Upright	Full Sun to Semi Shade	Wide Range		

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<i>Scabiosa columbaria</i>	Small scabious	Blue	July	September	Grassland, Hedgerow	15-70cm	Perennial	Upright	Full Sun to Semi Shade	Calcareous		Marsh Fritillary
<i>Scorzonoides autumnalis</i>	Autumn Hawkbit	Yellow	June	October	Grassland	up to 60cm	Perennial	Upright	Full Sun	Acid to Neutral		
<i>Scutellaria galericulata</i>	Skullcap	Blue	July	October	Wetland, Wet Woodland	10-20cm	Perennial	Low Growing	Full Sun to Semi Shade	Wide Range		
<i>Sedum acre</i>	Biting Stonecrop	Yellow	July	August	Cliff/Rock/Wall, Maritime Grassland	2-10cm	Evergreen	Prostrate	Full Sun	Wide Range		Apollo, Northern Rustic Moth
<i>Sedum album</i>	White Stonecrop	White	June	August	Cliff/Rock/Wall, Shingle	7-15cm	Evergreen	Prostrate	Full Sun	Wide Range		Apollo, Northern Rustic Moth
<i>Silene dioica</i>	Red Campion	Pink	April	July	Grassland, Hedgerow, Woodland	30-100cm	Perennial	Upright	Full Sun to Semi Shade	Wide Range		
<i>Silene flos-cuculi</i>	Ragged Robin	Pink	May	August	Bog/Fen/Marsh, Wet Grassland	30-90cm	Perennial	Upright	Full Sun to Semi Shade	Wide Range		
<i>Silene latifolia ssp alba</i>	White Campion	White	May	October	Grassland, Hedgerow, Woodland	30-100cm	Perennial	Upright	Full Sun to Semi Shade	Wide Range		
<i>Silene uniflora</i>	Sea Campion	White	June	August	Maritime Grassland & Cliff, Shingle	8-25cm	Perennial	Low Growing	Full Sun	Wide Range		
<i>Silene vulgaris</i>	Bladder Campion	White	June	August	Brownfield, Grassland	25-90cm	Perennial	Upright	Full Sun	Wide Range		
<i>Betonica officinalis</i>	Betony	Purple	July	September	Grassland, Hedgerow, Woodland	10-60cm	Perennial	Upright	Full Sun to Semi Shade	Neutral to Calcareous		
<i>Stachys sylvatica</i>	Hedge Woundwort	Red	July	September	Grassland, Hedgerow, Woodland	30-80cm	Perennial	Upright	Shade to Semi Shade	Wide Range		
<i>Stellaria graminea</i>	Lesser Stitchwort	White	May	August	Grassland, Hedgerow, Woodland	15-60cm	Perennial	Upright	Full Sun to Semi Shade	Acid to Neutral		
<i>Stellaria holostea</i>	Greater Stitchwort	White	April	June	Grassland, Hedgerow, Woodland	15-60cm	Perennial	Upright	Shade to Semi Shade	Wide Range		
<i>Succisa pratensis</i>	Devil's-bit Scabious	Blue	June	October	Grassland, Hedgerow, Woodland	30-70cm	Perennial	Upright	Full Sun to Semi Shade	Wide Range		Marsh Fritillary
<i>Symphytum officinale</i>	Common Comfrey	Blue	May	June	Bog/Fen/Marsh, Wet Woodland	up to 150cm	Perennial	Upright	Shade to Semi Shade	Wide Range		
<i>Tanacetum vulgare</i>	Tansy	Yellow	July	October	Brownfield, Hedgerow	30-100cm	Perennial	Upright	Full Sun to Semi Shade	Wide Range		
<i>Teucrium scorodonia</i>	Woodsage	Green	July	September	Grassland, Hedgerow, Woodland	15-60cm	Perennial	Upright	Shade to Semi Shade	Wide Range		
<i>Thalictrum flavum</i>	Meadow Rue	White	July	August	Wetland, Wet Grassland	50-100cm	Perennial	Upright	Full Sun to Semi Shade	Neutral to Calcareous		
<i>Thymus polytrichus</i>	Wild Thyme	Purple	May	August	Dry Grassland, Heathland	up to 10cm	Perennial	Prostrate	Full Sun	Neutral to Calcareous		Large Blue

WILDFLOWERS

PPF - Perfect for Pollinators
Plants on this list agreed by RHS
as perfect for pollinators



Plant Name		Flower Colour	Flowering Period		Habitat	Height (cm)	Growth Type	Growth Form	Position	Soil	PPF	Butterfly/ Moth Larval Foodplant
Scientific Name	Common Name		Start	Finish								
<i>Torilis japonica</i>	Upright Hedge Parsley	White	June	August	Grassland, Hedgerow, Woodland	60-100cm	Annual	Upright	Full Sun to Semi Shade	Neutral to Calcareous		
<i>Tragopogon pratensis</i>	Goatsbeard	Yellow	May	July	Grassland, Hedgerow	30-10cm	Biennial	Upright	Full Sun to Semi Shade	Wide Range		
<i>Trifolium dubium</i>	Lesser Trefoil	Yellow	May	September	Grassland, Hedgerow	10-30cm	Annual	Low Growing	Full Sun to Semi Shade	Wide Range		
<i>Trifolium pratense</i>	Red Clover	Purple	May	September	Brownfield, Grassland	10-40cm	Perennial	Upright	Full Sun	Wide Range		Clouded Yellow, Mother Shipton Moth, Pale Clouded Yellow
<i>Trifolium repens</i>	White Clover	White	June	September	Arable, Grassland	up to 20cm	Perennial	Prostrate	Full Sun	Wide Range		Clouded Yellow, Mother Shipton Moth, Pale Clouded Yellow
<i>Valeriana officinalis</i>	Common Valerian	Light Pink	June	August	Bog/Fen/Marsh, Grassland	30-120cm	Perennial	Upright	Full Sun to Semi Shade	Wide Range		
<i>Veronica chamaedrys</i>	Germander Speedwell	Blue	March	July	Grassland, Hedgerow, Woodland	up to 20cm	Perennial	Low Growing	Full Sun to Semi Shade	Wide Range		Heath Fritillary
<i>Veronica officinalis</i>	Heath Speedwell	Purple	May	August	Grassland, Heathland	2cm	Perennial	Prostrate	Full Sun to Semi Shade	Acid		
<i>Vicia cracca</i>	Tufted Vetch	Purple	June	August	Grassland, Hedgerow, Woodland	60-200cm	Perennial	Scrambling	Full Sun to Semi Shade	Wide Range		Pea Moth, Real's Wood White, Short-Tailed Blue, Wood White
<i>Vicia sativa</i>	Common Vetch	Pink/Purple	May	September	Grassland, Hedgerow	15-40cm	Perennial	Scrambling	Full Sun to Semi Shade	Wide Range		Pea Moth
<i>Viola odorata</i>	Sweet Violet	Purple	March	May	Hedgerow, Woodland	2-20cm	Perennial	Low Growing	Shade to Semi Shade	Neutral to Calcareous		
<i>Viola palustris</i>	Marsh Violet	Purple	April	July	Bog/Fen/Marsh	5cm	Perennial	Low Growing	Full Sun	Acid		Dark Green Fritillary, Small Pearl-Bordered Fritillary
<i>Viola riviniana</i>	Dog Violet	Purple	March	October	Grassland, Hedgerow, Woodland	2-20cm	Perennial	Low Growing	Shade to Semi Shade	Wide Range		
<i>Viola tricolor</i>	Wild Pansy	Purple	April	September	Brownfield, Dry Grassland	2-20cm	Perennial	Low Growing	Full Sun to Semi Shade	Acid		